

2010 Is The Year

A Personal Development Program From
“You Already Have The Answers”

Developed By J Cleveland Payne

2010 IS THE YEAR

By the end of the program, you will be able to say, “2010 is the year . . .” and you’ll be able to finish that statement with whatever 2010 was the year for in your life.

If you’re frustrated with your life at work, it might be the year you take a step forward into toward your news life as an entrepreneur. It might be the year you decided that the job you have right now is exactly the job you want.

If you’re frustrated with your relationship with your spouse, it might be the year you and your spouse finally deal with that long-standing divide between the two of you. It might be the year you and your spouse decide theirs a good reason that divide formed in the first place.

If you’re frustrated because you’re still single, it might be the year you find a special someone worth taking a long-term chance on. It might be the year you find out you could use a little work before you actually become a special someone worth taking a long term chance on.

FROM NOW ON, YOUR TIME IS NOW

ultimately, what you will be facing by stepping into “2010 Is The Year” are constant ‘your time is now’ moments. Situations that will require a decision right on the spot that will effect some other eventual outcome will reveal themselves to you like never before--even though they’ll be appearing in your life all along. You will gain the ability to see the opportunities for future growth or hindrance in hundreds of day-to-day decisions that you would have never noticed before.

Once you begin to see that there are more choices out there that can effect your eventual outcome, you will begin to learn just how to handle those choices for your greater benefit. But don’t expect it to be that easy. Knowing what to do, and then actually doing it, is two different concepts. But first, you have to learn what you should probably be doing instead of what you have always done in the past.

“2010 Is The Year” will definitely have you dealing with the ideas and actions of change. We’ll start with help to allow you to see the insanity is doing the same things over again and expecting a different result. We’ll help you practice the skills that help you explore various options before having to commit to take a step on a desired path. Eventually, we’ll show you how to make that first step, keep your momentum going, apply constant evaluation, and if you find you are doing the wrong way, re-route your journey and re-navigate to where you need to be.

MY OWN MILESTONE

Working on this "2010 Is The Year" program is a personal passion for me, with

the completing marking some vary impressive goals I have set for myself.

For starters, I have personally worked on many personal improvement programs before--many books, many seminars, and many videos--and have gotten a least a little something out of each of them. But none of them were a perfect solution.

This will probably not even work out a perfect for me, and I am creating it based on the missing piece of other programs I have worked myself. It will be a solid, solution based program. It will be simple to follow, simple to use, and very affordable (that means pretty much free).

It may not be the perfect personal improvement program for you either. But there should be plenty of easy to find gems located in this program that you would be able to put to good use, many of them immediately.

WHAT IT ISN'T

"2010 Is The Year" may be called a lot of things positive (understandable, achievable, inspiring) or negative (over-simplistic, unoriginal, common sense), but there are a few words that you won't be able to call it, the first one being magic. There will be plenty of work involved in the program to make this your breakthrough year.

This program will also not likely contain any information that will come off as earth shattering or visionary. In fact, you'll probably have a lot of 'well duh' moments as you work through some the exercises and ideas. As the long time publisher of various You Already Have The Answers newsletters, and now the blog at <http://youalreadyhavetheanswers.com>, I have a long standing theory that all the answers to you really need you already posses, provided you are asking the right question for the right situation.

2010 Is The Year - Program Details

Part 1: Figuring Out Where You Are
I AM Document

Part 2: Figuring Out Where You Want To Be
Your Personal Goal Setting Sheet

Part 3: Taking The Journey
Accountability Sheet

Part 4: Daily Evaluation & Tracking
Daily Dozens Sheet
30 Minutes A Day Life Management / Four P's Sheet

Part 5: Weekly Evaluation & Tracking