	Su	M	T	W	Th	F	Sa
JAN						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
	31						
FEB		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28						
MAR		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
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APR					1	2	3
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	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
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MAY							1
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	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
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	30	31					
JUN			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30			
JUL					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
AUG	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	2	28
	29	30	31				
SEP				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30		
OCT						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
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	31						
NOV		1	2	3	4	5	6
	7	8	9	10	11	12	13
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	21	22	23	24	25	26	27
	28	29	30				
DEC				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	

February 1st

Today's Quote: "People who ask our advice almost never take it. Yet we should never refuse to give it, upon request, for it often helps us to see our own way more clearly." - Brendan Francis

Today's Question: Do you take the advice you ask for?

NOTES FOR THE DAY

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